



South Cumbria &
North Lancashire
IOSH Branch

Programme 2018



South Cumbria
Occupational Health
& Safety Group

- VENUE:** **The Netherwood Hotel**, Grange-over-Sands, Cumbria LA11 6ET
(www.netherwood-hotel.co.uk except June & August; see below)
- MEETING TIME:** 1.30 pm unless otherwise stated; free for *IOSH* members & *SCOHS G* representatives
Visitors are welcome. Please introduce yourself to a committee member.
- 18 January 2018*** ***CDM (2015) in practice at the construction stage***
James Riddick, Health & Safety Adviser, *Eric Wright Group*
- 15 February 2018** ***Driving on company business.***
Tony Hart BA Dip.Arch RIBA NEBOSH, Senior Architect, Sellafield Sites
- 15 March 2018*** ***COSHH: a Holy Trinity - helping SMEs by focussing on Quantity, Concentration, and Duration***
Eddie Kalinowski, Health, Safety & Environment Manager, Dugdale PVC, Sowerby Bridge
- 19 April 2018** ***Why? and How? The business case for changing workplace culture and managing stress effectively.***
Emily Pearson, Head of Workplace Wellbeing, The Centre for Wellbeing, Newcastle-upon-Tyne
Joint AGM: Jim Tongue, Chairman, *South Cumbria & North Lancashire IOSH Branch* &
James Woolgrove, Chairman, *South Cumbria Occupational Health & Safety Group*
- 17 May 2018** **Morning workshop: *IOSH CPD requirements*** (with sandwich lunch)
11.00 Carol Stearne, Director & Principal Consultant, Safety,
Health & Environment Consultancy, Kendal
Booking required: bookings taken at February, March and April meetings
- 17 May 2018*** ***Working at height: management of scaffolding, portable scaffold towers & ladders***
13.30 Separate from
morning event Ian Tongue, E H & S Manager, BEP project, Sellafield Sites
- 7 June 2018** **Works visit:** BAE Systems, Submarines, Bridge Road, Barrow-in-Furness LA14 1AF
For further information and booking (essential due to limited places) please contact:
programme@scohsg.org.uk or [Programme Secretary, South Cumbria & North Lancashire
IOSH Branch](mailto:Programme Secretary, South Cumbria & North Lancashire IOSH Branch) or, bookings can also be made at our March, April and May meetings.
- 19 July 2018*** ***First Aid and emergency treatment training - how much is enough?***
James Woolgrove, Director, James Woolgrove Associates &
Richard Nicholson, Senior Trainer, Nationwide Fire Training, Kendal
- 16 August 2017** No meeting
- 20 September 2018*** ***HSE update.***
Mark Dawson, HM Principal Inspector (Cumbria & North Lancashire), HSE Carlisle
- 18 October 2018** ***Sound, Suffocation and Fury: assessing the challenges posed by workplace Noise, Confined Spaces, HAVs and health surveillance.***
09.30 to 16.00 Speakers: HSE & industry Chairman: Tim Briggs MA CFIOSH IPP IOSH
(Seminar fee: £80.00 + VAT; book by 16-Oct-18)
Booking and information: 0116 257 3197 or bookings@iosh.co.uk
- 15 November 2018*** ***Leading self and others through imposed workplace change***
Andy Harmer, Head of Leadership Development &
Andy Read, Senior Consultant, VA Consultants, Kendal
- 13 December 2018** ***A practical approach to workplace manual handling***
Paul Barden, Director, Get Set Training, Leeds

* *Committee meeting follows Group meeting*