



South Cumbria Occupational
Health and Safety Group



A health and safety networking forum

To help companies and local organisations:

- Keep up-to-date with health and safety legislation.
- Discuss practical solutions to health and safety problems.
- Listen to expert specialist speakers covering a range of safety topics such as manual handling, risk assessment, safety management systems etc...
- Meet Chartered members of *IOSH* and *IIRSM* and Health and Safety practitioners from other organisations for informal professional advice.



Monthly meetings

- *SCOHSYG* holds joint monthly meetings with *South Cumbria & North Lancashire IOSH Branch*
- Venue: the Netherwood Hotel, Grange-over-Sands, Cumbria LA11 6ET.
- When: the third Thursday in every month except June and December (second Thursday).
- *SCOHSYG* usually organises a works visit in June instead of a normal meeting (limited numbers).
- Topics: see annual programme.



SCOHS G membership

SCOHS G membership:

- Is open to companies and organisations and does not require meeting attendees to have a health and safety qualification.
- Entitles member companies and organisations to send more than one member of staff to relevant meetings.
- Is a cost effective way for companies to provide up-to-date health and safety training and information to their staff.
- Can be used to help promote a positive safety culture in your workplace.
- Company membership certificates will be available for collection at the meeting after membership has been renewed or we can post them to you if you prefer.
- Company membership runs from 1st April to 31st March



2019 programme

January to May

17 January 2019* (committee meeting follows main meeting)

The future of the H & S profession; attracting the next generation.

James Quinn, Vice President, *IOSH*

21 February 2019

What you should be expecting to see from your scaffolder.

Mark Clarke, Director, Clarke Health & Safety Consultants Limited

21 March 2019* (committee meeting follows main meeting)

Consequences of a fall from height; a thought-provoking personal account.

Jason Anker, Director, Anker & Marsh

11 April 2019

Safety ownership: how can this be achieved? Dealing with bravado, the role of 'carrot and stick' and rewards.

David Mason, Director, *Inspire Safety*

11 April 2019

AGM: James Woolgrove, Chairman, *SCOHSG*

16 May 2019* (committee meeting follows main meeting)

Lone working – a solutions-based approach.

Arup Majhi, Safety, Health & Environmental Manager, Carlisle City Council



2019 programme

June to December

20 June 2019

**Works visit: *Managing a Visitor Attraction with structural problems - Furness Abbey*,
Manor Road, Barrow-in-Furness LA13 0PJ**

For further information and booking (essential due to limited places) please contact:
programme@scohsg.org.uk or, bookings can also be made at our March, April and May meetings.

18 July 2019* (committee meeting follows main meeting)

Dealing with HSE inspectors: best practice and guidelines. Roy Bush F.I.Q., Director, Minexp

19 September 2019* (committee meeting follows main meeting)

HSE update. Mark Dawson, HM Principal Inspector (Cumbria & North Lancashire), HSE Carlisle

17 October 2019

Shortcuts lead to Disaster - Your Guide to Getting It Right! People, Equipment, Mindfulness and Engagement (behavioural safety).

Speakers: HSE & industry Chairman: Tim Briggs MA CFIOSH IPP IOSH

(Seminar fee: £85.00 + VAT; book by 14-Oct-19) Booking: 0116 257 3197 or bookings@iosh.co.uk

21 November 2019* (committee meeting follows main meeting)

Employing Young People – maximising opportunity, managing risk.

Barbara Hockey, Head of Vulnerable Workers Team, HSE, Birmingham

12 December 2019

Using case studies to improve risk assessment of potential major accident hazards.

John Gould, Process Safety Management & Loss Prevention Lecturer, Sheffield University